

New!

CLIP IT 

POP IT 

POUR IT 

A Fresh Pouch Every Time!

Fresh & Simple

RAGU[®]

All Natural

Garden Veggie
Pasta Sauce

Not a low calorie food
See nutrition
information for sugar
and calorie content.

NET WT 13.5 OZ (383g)



- No Preservatives
- No Sugar Added
- Full Serving of Veggies
In Every 1/2 Cup of Pasta Sauce



3 Easy Steps

Nutrition Facts

Serving Size 1/2 cup (125g)
Servings Per Container About 3

Amount Per Serving

Calories 80 Calories from Fat 25

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 450mg **19%**

Total Carbohydrate 12g **4%**

Dietary Fiber 3g **12%**

Sugars 7g

Protein 2g

Vitamin A 100% • Vitamin C 15%

Calcium 4% • Iron 4%

Vitamin E 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat less than 65g 80g

Sat. Fat less than 20g 25g

Cholesterol less than 300mg 300mg

Sodium less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

INGREDIENTS: TOMATO PUREE (WATER, TOMATO PASTE), CRUSHED TOMATOES IN PUREE, CARROT JUICE CONCENTRATE, ONION, SUNFLOWER OIL, CARROTS, GREEN BELL PEPPERS, CELERY PUREE, SPICES, SALT, BASIL, ACEROLA CHERRY CONCENTRATE, GARLIC POWDER.

ALL INGREDIENTS ARE NATURAL OR NATURALLY DERIVED.



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QUESTIONS & COMMENTS:

Please call us toll free:

1-800-EAT-RAGU (1-800-328-7248),

or visit www.ragu.com

1. Clip It



where indicated at corner of pouch to vent.

2. Pop It



in the microwave and heat at HIGH 90 seconds*. (Sauce may make noise while heating.) Let stand 1 minute.

3. Pour It



over pasta or serve as desired. Enjoy!

Use care when handling and opening hot pouch.

* Microwave ovens vary; adjust time as needed. Sauce can also be heated on stovetop. Refrigerate unused portion.

Let's Feed Our Kids Well!

Ragu Fresh & Simple pouches are an easy way to feed our kids well, even on busy weeknights. Good-for-you sauce your family will love...with none of the clean-up!

No
preservatives
in There!



U.S. Dietary Guidelines recommend eating a varied, nutritious diet within your calorie needs. Each 1/2 cup of sauce contains a full serving of vegetables, contains no trans fat or added sugars, and is free of artificial additives, preservatives, cholesterol, and saturated fat. See Nutrition Facts for calorie, total fat and sodium content. For more information on Unilever's Choices Program visit www.unileverusa.com/choices.



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Best if Used By:

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Wanna see
what's
inside?