Josh Wakefield's Backpacking Gear List : June 2008

Weight (oz)	Item Description	Kitchen	
24.60	GoLite Pinnacle backpack - 4650 cubic inches	4.00	MSR Pocket Rocket stove
20.60	Deuter DreamLite 500 sleeping bag & stuff sack	3.65	Snow Peak 25oz titanium pot
25.45	Big Agnes 20" x 72" x 2.5" insulated air core pad	8.10	MSR 4 fl oz IsoPro fuel canister
44.45	Eureka Solitaire Tent	0.55	Titanium spork
0.80	(1) kitchen size garbage bag	0.20	Small box of matches
1.35	(4) extra AAA lithium batteries	3.65	Lexan bowl for Deuce
2.45	(4) extra AA lithium batteries for Steri Pen	**Personal Hygiene**	
2.50	Extra camera battery & CF memory cards	3.55	Toilet paper in Ziploc bag
0.50	Canon infrared remote control with battery	5.60	Steri Pen water purifier with batteries
2.05	(2) bandanas	1.05	Straw-type emergency water filter
4.85	LED head lamp with three AAA batteries	0.50	Toothbrush
28.90	Canon Digital Rebel XTi camera	1.00	Toothpaste
3.55	Garbage bag 2.0 mil, 42 gallon (pack liner)	5.30	Sunglasses and hard case
2.35	Digital voice recorder & extra battery	**Consumables**	
1.05	Maps and writing pen	34.60	32oz of Gatorade
1.40	Purell hand sanitizer (1 FL OZ)	3.60	3oz bag of dried blueberries
2.70	Motorola C168i cell phone with battery	3.80	3oz Kraft parmesan cheese
3.30	50 feet of parachute cord	4.15	3.75oz bag of honey roasted almonds
0.30	Chap stick	16.25	16oz bag of Cheez-It snack crackers
5.80	Gorillapod SLR camera tripod	4.95	(3) cups of Total cereal
1.20	Small knife	21.85	Loaf of wheat bread
1.00	Cash, ID, credit card, insurance card	2.70	(6) packets of mayonnaise
0.95	Car key	3.10	(6) 0.5oz packets of grape jelly
0.20	Small carabiner	2.40	(3) 0.75oz packets of peanut butter
1.50	32oz empty Gatorade bottle	11.80	(3) 3.5oz smoked wild sockeye salmon
		5.75	MH lasagna with meat sauce
		5.95	MH freeze dried chicken teriyaki & rice
		5.20	MH freeze dried turkey tetrazzini
		1.55	Stuff sack
	Extra Clothes		
2.25	Micro fiber underwear; 92% Polyester, 8% Spandex		
1.90	Extra pair of socks		
5.95	Frogg Toggs rain jacket		
0.60	Stuff sack		
	Deuce's Pack Contents		
13.25	Outward Hound dog back pack		
18.50	0.5 liter water bottle		
39.70	32oz Nalgene bottle with water	**Deuce's Total Pack Weight**	
3.65	Dog leash	11.72	pounds
72.95	(3) quarts of dry dog food	**Base Weight**	
27.10	(3) 8oz cartons of UHT whole milk	14.48	pounds
12.35	Gatorade mix for six quarts	**Consumables**	
		7.98	pounds
		Total Weight	
		22.46	pounds

Base weight = weight of pack and gear carried in the pack, but no consumables.