

Pack Weight:	20 pounds,	7.05 ounces
Food and Water:	12 pounds,	13.29 ounces
Total Weight:	33 pounds,	4.34 ounces

Weight (oz.) **Item Description**

26.00	GoLite Pinnacle backpack - 4650 cubic inches
32.95	GoLite Feather sleeping bag - 20 degree F with garbage bag
49.25	Eureka Solitaire Tent
6.40	4 x 7 feet Tyvek ground sheet
17.05	Thermarest RidgeRest sleeping pad - large, 25 x 77 inches
7.95	GoLite chrome umbrella
24.00	Vario water filter, purification tablets, emergency straw & case
6.55	Steripen UV light water purifier, 4AA lithium batteries & case
1.85	One 32oz plastic Gatorade bottle
4.75	MSR DromLite 6 liter water bladder
22.60	Titanium cookset & spork, Pocket Rocket stove, 8 oz fuel and mesh bag
4.80	LED head lamp with three AAA batteries
4.10	Toilet paper in ziplock bag
3.75	Nylon rope
1.80	One large garbage bag
21.20	Rain gear
1.80	Multifunctional digital compass / watch / thermometer
2.05	Matches, candles, & Bic lighter in ziplock bag
11.70	Toothbrush, paste, comb, soap, hand sanitizer, and deodorant in ziplock
5.35	First aid items in ziplock bag
71.15	Extra clothes, boggin, gloves

Food and Water

105.15	Food bag: (2) Lipton alfredo pasta, (2) Lipton Chicken fried rice, (4) pouches of chicken breast, (2) pouches of salmon, (2) pouches of tuna, instant mashed potatoes, soft shell tacos, English muffins, packets of peanut butter and jelly, (2) mac & cheese, (4) peanut butter crackers, banana chips ~2.2 lbs/day
100.14	Water - 0.75 gallon (96 ounces)

Carry Items (not included in weight)

Cellular phone - 4 oz
Sunglasses with hard case - 5.3 oz
Small pocket knife - 1.2 oz
Small LED flashlight with one AAA battery - 1.1 oz
SureFire G2 Nitrolon flashlight with two CR123A lithium batteries - 4 oz
Canon Digital Rebel Xti camera, extra batteries & memory - 44.10 oz
Wallet - 5.55 oz
Chapstick, watch, keys - 3.35 oz