

Josh Wakefield's Backpacking Gear List : April 2008

Weight (oz)	Item Description	Kitchen	
26.80	GoLite Pinnacle backpack - 4650 cubic inches	15.40	JetBoil Personal Cooking System
32.40	GoLite Feather 20F down sleeping bag & stuff sack	6.80	JetBoil 3.53 fl oz fuel canister
4.40	Cocoon 100% silk Mummy liner, 9.5F temp drop	0.55	Titanium spork
1.85	Digital compass / watch / thermometer	5.60	Two liter hydration bladder
21.25	Thermarest Ridge Rest sleeping pad & stuff sack	0.20	Matches
3.30	50 feet parachute cord	3.65	Plastic bowl
5.30	Sunglasses and hard case	Hygiene	
3.55	Garbage bag 2.0 mil, 42 gallon (pack liner)	3.55	Toilet paper in Ziploc bag
0.80	(1) kitchen size garbage bag	2.05	32 ml Chlorine Dioxide (Klear Water)
4.05	(8) tent stakes	1.05	Straw-type emergency water filter
15.10	8 x 10 ft silicone impregnated ripstop nylon tarp	0.50	Toothbrush
1.75	50 feet Kelty Triptease Lightline	1.00	Toothpaste
6.45	Tyvek ground sheet - 4 x 7 feet		
1.35	(4) extra AAA lithium batteries		
5.80	Gorillapod SLR camera tripod		
0.50	Canon infrared remote control		
2.50	Extra camera battery & CF memory cards	Carry Items - not included in pack weight	
1.30	Two extra batteries for cell phone	4.40	Knife
1.20	Two extra CR123A lithium batteries	2.35	Digital voice recorder & extra battery
3.25	(3) bandanas	1.05	Maps, paper, pen, & pencil
4.85	LED head lamp with three AAA batteries	1.40	Purell hand sanitizer (1 FL OZ)
0.35	Whistle	4.00	Motorola V365 cell phone
3.15	(4) mouse traps	6.35	Fanny pack
10.00	(2) disposable cameras	4.60	Wallet
	Extra Clothes	0.95	Car key
20.40	Extra shirt and pants	0.30	Chap stick
2.20	One pair of wool socks	Base Weight	
12.65	Waterproof jacket	14.94	pounds
2.25	Micro fiber underwear - 92% Polyester, 8% Spandex	Consumables	
	Consumables	6.63	pounds
87.55	Food bag	Total Weight	
18.50	0.5 liter water bottle	21.57	pounds

Base weight = weight of pack and gear carried in the pack, but no consumables.